

KEEPING YOUR NEW SPACE CLEAN

- Declutter!!
- Spend 5 minutes picking up each day.
- Clean as you go.
- Do not buy things you do not need!
- Designate a day each week to be your "cleaning day".
- Designate 1 day a month for a "deep cleaning".
- Always have a multi purpose cleaner, Windex, paper towel, and cleaning rags on hand

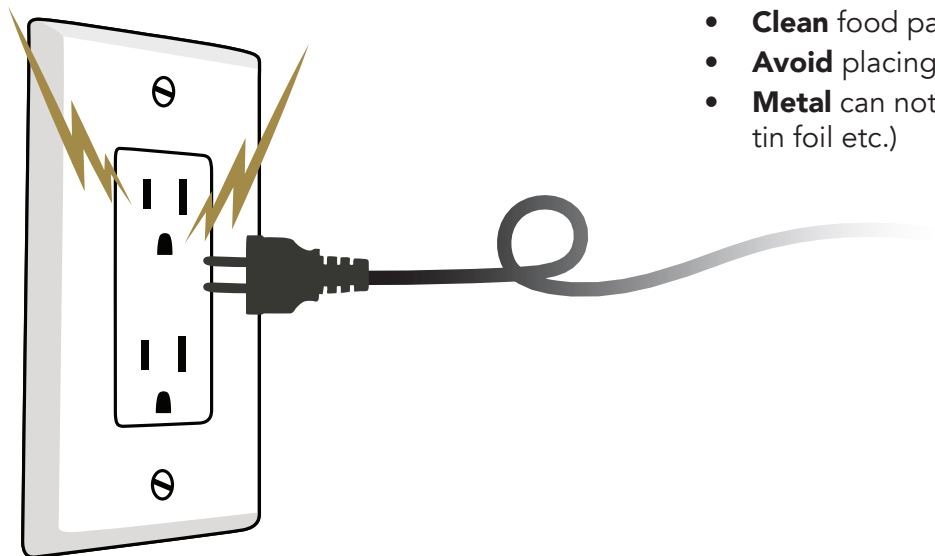
SAFETY WITH APPLIANCES

COMMON REFRIGERATOR SAFETY HAZARDS

- **Fire:** clean the dust under, behind, and in the vents.
- **Foodborne illness:** maintain a clean fridge, wiping down weekly with any anti-bacterial cleaner, or wipe.
- **Tipping**

COMMON MICROWAVE SAFETY HAZARDS

- **Radiation exposure:** make sure that the door seal and lock work well. Be wary if the door doesn't seal tightly or if you notice any warping. Sparks during operation can be another sign that something is wrong with a seal or that a vent may be blocked by grease or other food byproducts. Always clean after use, wiping away food waster or splattered grease/sauce.
- **Electrical hazards:** do not ignore sparks!



COMMON STOVE SAFETY HAZARDS

- **Use your back burners first** so hot pots are further from the edge.
- **Keep an eye on your pans.** When a pan is on high heat with nothing or just oil in it, it will heat up very quickly, and can be a fire risk where the oil or grease or even lining on the pan could ignite; cast iron or carbon steel pan without any plastic or wood parts is the way to go. Also, do not forget to wear your oven mitts!!!!
- **Do not start cooking something and fall asleep!**

COMMON SMALL APPLIANCE SAFETY HAZARDS

- **Unplug Appliances.** Avoid an electrical fire by making sure that all appliances are in good working order and no wires are frayed. Don't overload electrical outlets, either. In fact, it's a smart practice to unplug small appliances like toasters and coffee makers when not in use.
- **Clean** food particles from toaster or toaster oven.
- **Avoid** placing appliances near water!
- **Metal** can not go in the microwave (silverware, tin foil etc.)